The Medical Officers Handbook 8th Edition contains guidelines for the management of conditions commonly encountered on the wards and in Emergency Departments, including conditions frequently encountered by junior staff and/or those conditions that are often difficult or poorly managed.

The Medical Officers Handbook 8th Edition has been updated with several new sections. Which include both specific clinical scenarios and more generic patient care management areas.

This includes practical approaches to issues including:

- Breaking bad news and patients and families
- Bedside manners for sensitive conditions
- Common dental problems encountered in the ED such as trauma to teeth (avulsion)
- Pain control
- Gastro-intestinal haemorrhage
- The management of confused patients

A clinical tools section that includes:

- Advanced life support
- Management of acute pain
- Guide to prescribing intravenous fluids and electrolytes
- Managing of acutely deteriorating patient
- Adolescent health, particularly management of medically unstable adolescent patients
- Guidelines on oxygen administration and non-invasive ventilatory support
- Australian curriculum framework or junior doctors